









# SEPTEMBER 2019 • INDEPENDENT LIVING Activities Calendar

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   |
|---|--|---|--|---|--|--|
| <b>1 "Mary Had a Little Lamb" Day –</b><br>On this day in 1830, "Mary Had a Little Lamb," written by Sarah Josepha Hale, was first published.<br><br>2:00 <b>Mexican Train Dominos</b> (Bar)  | <b>2</b><br><br>11:00—1:30 <b>Labor Day Indoor Picnic Buffet</b>  | <b>3</b><br>9:00 <b>Balance &amp; Flex</b> (AR)<br>10:00 <b>Kroger</b><br>10:00 <b>Tai Chi</b><br>1:30 <b>Mah Jong</b> (5 WT)<br>1:30 <b>Walgreens Senior Day</b><br>2:00 <b>Strength Training</b> (AR)   | <b>4</b><br>9:00 <b>Devotions</b> (EC)<br>10:00 <b>Caring Friends</b> (Solarium)<br>11:15 <b>Lunch at Hunan's/Visit Card Smart Shop next door</b><br>2:00 <b>Walking w/ Nurse Kathy</b><br>3:00 <b>John's Choice</b> (EC)  | <b>5</b><br>9:00 <b>Exercise</b> (AR)<br>10:00 <b>Water Aerobics</b><br>11:00 <b>Catholic Mass</b> (PR)<br>2:00 <b>Strength Training</b> (AR)<br>6:30 <b>Classic Movie</b> (EC)<br>"Cat on a Hot Tin Roof"  | <b>6</b><br>9:00 <b>Exercise</b> (AR)<br>10:00 <b>Balance &amp; Flex</b> (AR)<br>10:30 <b>Mindfulness</b> (A/L 2R)<br>11:00 <b>Grillin' Day with Scott</b> (Bistro)<br>11-2 PM <b>Voter Registration &amp; Info</b> (Bistro)<br>2:00 <b>Strength Training</b> (AR)<br>3:30 <b>Shabbat Service</b> (PR)<br>(please note this month date/time)<br>4:30 <b>GLOW Girls</b> (Bar) | <b>7</b><br>1:00 <b>Canasta</b> (L)<br>1:00 <b>Rummikub</b> (L)<br>1:00 <b>Popcorn &amp;</b><br>1:15 <b>Movie Matinee</b> (AL 2R)<br>"The Duchess"<br>7:00 <b>Bingo</b> EC                             |
| <b>8 National Grandparent's Day</b><br><br>11:00-1:30 <b>Sunday Buffet</b> (L)<br><br>2:00 <b>Mexican Train Dominos</b> (Bar)<br><br>3:30 <b>Celebration of Life for Resident, Nita Davis</b> (EC)  | <b>9</b><br>9:00 <b>Exercise</b> (AR)<br>10:00 <b>Candlelight Sign-Up</b> (lib. lounge)<br>10:30 <b>Water Aerobics</b><br>1:00 <b>Needle Group</b> (L)<br>2:00 <b>Mah Jong</b> (L)<br>2:00 <b>Chair Yoga</b> (AR)<br>3:00 <b>Life Matters w/ Rev. Susan Yarbrough</b> (7W)<br>7:00 <b>Book Club</b> (7W)<br>Snow Flower and the Secret Fan<br>By: Lisa See | <b>10</b><br>9:00 <b>Balance &amp; Flex</b> (AR)<br>10:00 <b>Kroger</b><br>10:00 <b>Tai Chi</b><br>1:30 <b>Mah Jong</b> (5 WT)<br>1:30 <b>Tutti Fruitti Frozen Yogurt Shop</b><br>2:00 <b>Strength Training</b> (AR)  | <b>11 Patriot Day</b><br>9:00 <b>Devotions</b> (EC)<br>10:30 <b>Grief Support Group</b> (DR)<br>2:00 <b>Walking w/ Nurse Kathy</b><br>3:00 <b>The Great Courses</b> (EC)<br>Museum Masterpieces: The Louvre (First in the Series)<br>5:00 <b>Candlelight Dinner Pianist &amp; Violinist</b><br>Brad & Ariella (EC) | <b>12</b><br>9:00 <b>Exercise</b> (AR)<br>10:30 <b>Golden Choir</b> (L)<br>10:00 <b>Episcopal Worship</b> (PR)<br>1:30 <b>Afternoon Shopping Trip</b><br><b>Trader Joes</b><br>2:00 <b>Strength Training</b> (AR)   | <b>13</b><br>9:00 <b>Exercise</b> (AR)<br>10:00 <b>Balance &amp; Flex</b> (AR)<br>10:00 <b>HMFA "Icons of Style" Lunch at the Museum Cafe</b><br>10:30 <b>Mindfulness</b> (A/L 2R)<br>2:00 <b>Strength Training</b> (AR)<br>4:30 <b>GLOW Girls</b> (Bar)   | <b>14</b><br>1:00 <b>Canasta</b> (L)<br>1:00 <b>Rummikub</b> (L)<br>1:00 <b>Popcorn &amp;</b><br>1:15 <b>Movie Matinee</b> (AL 2R)<br>"Something to Talk About"<br>7:00 <b>Bingo</b> (EC)              |
| <b>15 Hispanic Heritage Month Begins</b><br><br>1:15 <b>Houston Ballet "Giselle"</b><br><br>2:00 <b>Mexican Train Dominos</b> (Bar)<br>3:30 <b>Song &amp; Wine</b> (L)<br>Louise at the Piano<br>5:30 <b>Hymn Sing at Willow Meadows Baptist Church</b> | <b>16</b><br>9:00 <b>Exercise</b> (AR)<br>10:00 <b>Walmart on S. Rice</b><br>10:30 <b>Water Aerobics</b><br>1:00 <b>Needle Group</b> (L)<br>2:00 <b>Mah Jong</b> (L)<br>2:00 <b>Chair Yoga</b> (AR)<br>3:00 <b>Bible Study with Rev. Susan Yarbrough</b> (7W)<br>3:00 <b>The Towers Gift Shop</b><br>Volunteer Meeting (PVD)                               | <b>17</b><br>9:00 <b>Balance &amp; Flex</b> (AR)<br>9:00-1 PM <b>Flu Clinic</b> (EC)<br>10:00 <b>Kroger</b><br>10:00 <b>Tai Chi</b><br>1:30 <b>Mah Jong</b> (5 WT)<br>2:00 <b>Strength Training</b> (AR)<br>3:00 <b>Technology Class with Sandra</b> (Solarium)   | <b>18</b><br>9:00 <b>Devotions</b> (EC)<br>2:00 <b>Walking w/ Nurse Kathy</b><br>3:00 <b>John's Choice</b> (EC)<br>TBA <b>River Oaks Theatre</b><br>TBA  | <b>19</b><br>9:00 <b>Exercise</b> (AR)<br>10:30 <b>Golden Choir</b> (L)<br>11:00 <b>Catholic Mass</b> (PR)<br>2:00 <b>Strength Training</b> (AR)<br>3:00 <b>Liar's Club</b> (Bar)<br>5:00 <b>September Birthday Dinner</b> (EC)   | <b>20</b><br>9:00 <b>Exercise</b> (AR)<br>9:00 <b>Visit Sea Center Texas/Lake Jackson, TX/Lunch TBA</b><br>10:00 <b>Balance &amp; Flex</b> (AR)<br>10:30 <b>Mindfulness</b> (A/L 2R)<br>2:00 <b>Strength Training</b> (AR)<br>4:30 <b>GLOW Girls</b> (Bar)   | <b>21 Oktoberfest Begins</b><br><br>1:00 <b>Canasta</b> (L)<br>1:00 <b>Rummikub</b> (L)<br>1:00 <b>Popcorn &amp;</b><br>1:15 <b>Movie Matinee</b> (AL 2R)<br>"Relative Values"<br>7:00 <b>Bingo</b> EC |
| <b>22 Centenarians Day –</b> Centenarians Day honors those who have lived a century or longer.<br><br>1:15 <b>A.D. Players at the George Theater "The Hiding Place"</b><br><br>2:00 <b>Mexican Train Dominos</b> (Bar)                                  | <b>23 Autumnal Equinox</b><br>9:00 <b>Exercise</b> (AR)<br>10:30 <b>Water Aerobics</b><br>1:00 <b>Needle Group</b> (L)<br>2:00 <b>Mah Jong</b> (L)<br>2:00 <b>Chair Yoga</b> (AR)<br>3:00 <b>Presentation by Dr. Mary Ellen Trail Ross, DrPH, UT School of Nursing, "Preventing Falls"</b> (EC)  | <b>24</b><br>9:00 <b>Balance &amp; Flex</b> (AR)<br>10:00 <b>Kroger</b><br>10:00 <b>Tai Chi</b><br>1:30 <b>HC Resident &amp; Family Forum</b><br>1:30 <b>Mah Jong</b> (5 WT)<br>2:00 <b>Strength Training</b> (AR)<br>3:15 <b>Wellness Topic: Probiotics, Prebiotics and Gut Health</b> (EC)  | <b>25</b><br>9:00 <b>Devotions</b> (EC)<br>2:00 <b>Walking w/ Nurse Kathy</b><br>2:00 <b>Jazz Fest</b> (EC)<br>Refreshments, Live Music & Dancing<br>6:15 <b>The Alley Theatre "The Winter's Tale"</b>   | <b>26 George Gershwin's Birth Anniversary –</b> One of the most famous and popular composers of this century, George Gershwin was born on this day in 1898.<br><br>9:00 <b>Exercise</b> (AR)<br>10:30 <b>Golden Choir</b> (L)<br>2:00 <b>Strength Training</b> (AR)<br>3:00 <b>Town Hall Meeting</b> (EC) | <b>27</b><br>9:00 <b>Exercise</b> (AR)<br>10:00 <b>Balance &amp; Flex</b> (AR)<br>TBA <b>To the Movies—AMC Theater</b><br>10:30 <b>Mindfulness</b> (A/L 2R)<br>2:00 <b>Strength Training</b> (AR)<br>3:30 <b>Wine Social</b> (Bar)   | <b>28</b><br>1:00 <b>Canasta</b> (L)<br>1:00 <b>Rummikub</b> (L)<br>1:00 <b>Popcorn &amp;</b><br>1:15 <b>Movie Matinee</b> (AL 2R)<br>"Some Like it Hot"<br>Classic Movie<br>7:00 <b>Bingo</b> EC      |
| <b>29 Rosh Hashanah begins at Sundown</b><br>1:15 <b>Houston Ballet "Locally Grown, World Renowned"</b><br>1:15 <b>Houston Symphony "Gershwin's Piano Concerto &amp; Porgy and Bess"</b><br>2:00 <b>Mexican Train Dominos</b> (Bar)                     | <b>30</b><br>10:30 <b>Water Aerobics</b><br>11:15 <b>Monthly Lunch Bunch Bernie's Burger Bus</b><br>1:00 <b>Needle Group</b> (L)<br>2:00 <b>Mah Jong</b> (L)   | <div style="border: 2px dashed blue; padding: 5px; text-align: center;"> <b>Tune to Channel 3 for daily and upcoming events</b> </div> <div style="border: 1px solid blue; padding: 5px; margin-top: 10px;">                     Note: Answers to the puzzles will be posted on the community bulletin board                 </div> | <b>Room Legend</b><br>EC - Event Center<br>L - Lounge<br>7W - 7th Floor Conf Rm<br>A/L 2R - Assisted Living/Living Rm<br>PVD - Private Dining Room<br>AR - Aerobics Room<br>PR - Prayer Room<br>DR - Discovery Room (Marketing Off)<br>Inside/Outside Activities   | <h1 style="font-size: 48px; margin: 0;">September 2019</h1> <div style="border: 1px dashed white; padding: 5px; margin-top: 10px; font-size: 12px;">                     Events may be rescheduled or cancelled due to low turnout or inclement weather.                 </div>                           |  |  |

# SEPTEMBER 2019 • ASSISTED LIVING Activities Calendar

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday  |
|---|--|---|---|---|--|---|
| <b>1</b><br>2:00 –4:00 Games in the Activity Room 3rd Floor<br>Get your neighbors and play a game or sit and chat   |   | <b>3</b><br>9:00 <b>Balance &amp; Flex</b> *AR<br>11:15 Stretches AR<br>11:30 Menu/Calendar AR<br>3:00 <b>Chicken Foot</b> AR   | <b>4</b><br>9:00 <b>Devotions</b> EC<br>11:15 Exercise AR<br>2:00 <b>Walking w/Kathy</b> LB<br>3:00 <b>Spades</b> AR<br>3:00 Johns Choice EC  | <b>5</b><br>9:00 <b>Exercise</b> *AR<br>11:00 <b>Catholic Mass</b> PR<br>11:15 Strength Training AR<br>11:30 Menu/Calendar AR<br>3:00 <b>A to Z</b> LR  | <b>6</b><br>9:00 <b>Exercise</b> *AR<br>11:15 Sit and Move AR<br>11:30 <b>Grilling w/Scott-Bistro</b><br>3:00 <b>Solitaire</b> AR<br>4:00 Gin Rummy AR   | <b>7</b><br>11:15 Exercise AR<br>1:15 <b>Movie Matinee</b> 2/AL<br>"The Duchess"<br>3:00 <b>Painting</b> AR<br>7:00 <b>Bingo</b> EC                                   |
| <b>8 Grandparents Day</b><br>2:00 –4:00 Games in the Activity Room 3rd Floor<br>Get your neighbors and play a game or sit and chat<br>3:30 <b>Caring Critters</b><br>Come and Pet the puppies<br>AL/2nd Floor—TV Room | <b>9</b><br>10:00 <b>Residents Council Meeting</b> 2nd Floor AL<br>11:30 Menu/Calendar AR<br>2:00 <b>Chair Yoga</b> *AR<br>3:00 <b>Picnic Pairs</b> AR                 | <b>10</b><br>9:00 <b>Balance &amp; Flex</b> *AR<br>11:15 Swat the Fly AR<br>11:30 Menu/Calendar AR<br>2:00 <b>Strength Training</b> *AR<br>3:00 <b>Gin Rummy</b> LR<br>4:00 Foods on a Stick LR | <b>11 Patriot Day</b><br>9:00 <b>Devotions</b> EC<br>2:00 <b>Walking w/Kathy</b> LB<br>3:00 <b>Spades</b> AR<br>3:00 <b>Museum Masterpieces</b><br>Event Center<br>6:45 <b>Pianist &amp; Violinist</b> EC | <b>12 Meyer Chaskin-Birthday</b><br>9:00 <b>Exercise</b> *AR<br>10:00 <b>Tai Chi</b> *AR<br>10:00 <b>Episcopal Worship</b> PR<br>11:15 Strength Training AR<br>11:00 Menu/Calendar AR<br>3:00 <b>Tri-Ominoes</b> AR | <b>13</b><br>9:00 <b>Exercise</b> *AR<br>10:30 <b>Mindfulness</b> AL/2<br>11:15 Sit and Move AR<br>11:30 Menu/Calendar AR<br>3:00 <b>Pokeno</b> AR<br>3:30 <b>Shabbat Service</b> PR   | <b>14</b><br>1:00 <b>Popcorn</b> LB<br>1:15 <b>Movie Matinee</b> 2/AL<br>"Something to Talk About"<br>3:00 Games w/neighbors<br>Activity Room<br>7:00 <b>Bingo</b> EC |
| <b>15</b><br>2:00-4:00 Games in the Activity Room 3rd Floor<br>with your neighbors<br>3:30 <b>Song &amp; Wine</b><br>Louise Frowe<br>In the Lounge  | <b>16</b><br>11:15 Exercise AR<br>11:30 Menu/Calendar AR<br>2:00 <b>Chair Yoga</b> *AR<br>3:00 <b>Word Power</b> LR  | <b>17</b><br>9:00 <b>Balance &amp; Flex</b> *AR<br>11:15 Stretches AR<br>11:30 Menu/Calendar AR<br>3:00 <b>Ice Cream Sundaes</b> LR<br>4:00 <b>Two-Word Names</b> LR                            | <b>18</b><br>9:00 <b>Devotions</b> EC<br>11:15 Exercise AR<br>2:00 <b>Walking w/Kathy</b> LB<br>3:00 <b>John's Choice</b> EC<br>3:00 <b>Spades</b> AR   | <b>19</b><br>9:00 <b>Exercise</b> *AR<br>11:00 <b>Catholic Mass</b> PR<br>11:15 Strength Training AR<br>3:00 <b>Rummy Cube</b> LR<br>5:00 <b>Birthday Dinner</b> EC   | <b>20</b><br>9:00 <b>Exercise</b> *AR<br>11:15 Sit and Move AR<br>2:30 <b>Musical Program</b> EC<br><b>Strings &amp; Things</b><br>3:00 <b>Dominoes</b> AR<br>4:00 Double Double AR  | <b>21</b><br>11:15 Exercise AR<br>1:00 <b>Popcorn</b> LB<br>1:15 <b>Movie Matinee</b> 2/AL<br>"Relative Values"<br>3:00 <b>Wii Games</b> LR<br>7:00 <b>Bingo</b> EC   |
| <b>22</b><br>2:00-4:00 Games in the Activity Room 3rd Floor<br>Get your neighbors and play a game or sit and chat   | <b>23 Autumn Begins</b><br>9:00 <b>Exercise</b> *AR<br>11:15 Sit and Move AR<br>11:30 Devotion/Menu AR<br>2:00 <b>Chair Yoga</b> *AR<br>3:00 <b>Words with "HA"</b> AR | <b>24</b><br>9:00 <b>Balance &amp; Flex</b> *AL<br>11:15 Swat the Fly AR<br>11:30 Menu/Calendar AR<br>3:00 <b>The Name Game</b> LR  | <b>25</b><br>9:00 <b>Devotions</b> EC<br>2:00 <b>Walking w/Kathy</b> LB<br>2:00 <b>Jazz Fest</b> EC<br>Live Music & Dancing, Drinks<br>3:00 <b>Spades</b> AR  | <b>26</b><br>9:00 <b>Exercise</b> *AR<br>11:15 Strength Training AR<br>3:00 <b>Name 3</b> LR<br>4:00 <b>Uno</b> AR  | <b>27</b><br>9:00 <b>Exercise</b> *AR<br>10:30 <b>Mindfulness</b> AL/2<br>11:15 Sit and Move AR<br>2:00 <b>Strength Training</b> *AR<br>3:00 <b>Eye Gamer</b> LR<br>4:00 Say Cheese AR   | <b>28</b><br>1:00 <b>Popcorn</b> LB<br>1:15 <b>Movie</b> 2/AL<br>"Some Like it Hot"<br>3:00 Games w/neighbors AR<br>7:00 <b>Bingo</b> EC                              |
| <b>29 Rosh Hashanah Begins</b><br>2:00– 4:00 Games in the Activity Room 3rd Floor<br>Get your neighbors and play a game or sit and chat   | <b>30</b><br>9:00 <b>Exercise</b> *AR<br>11:15 Sit and Move AR<br>11:30 Menu/ Calendar AR<br>2:00 Chair Yoga *AR<br>3:00 <b>How Low Can You Go</b> LR                  | <h2>SEPTEMBER 2019</h2> <h3>Assisted Living Community</h3> <p>Events may be rescheduled or cancelled due to low turnout or inclement weather or changes in staffing.</p>                        |   |   | <b>Room Legend</b><br>LR—Living Room LB-Lobby<br>AR—Activity Room *AR- Aerobics<br>EC—Event Center Room 1st FL<br>PR—Prayer Room AL/2-Second FL<br>L—Lounge Assisted Living<br>DR—Dining Room B-Bar—Bistro-BS<br>Mindfulness-AL/2nd Floor<br>Blue/ Activities off the AL Floor | <b>Birthday's</b><br>Meyer Chaskin 12<br>  |

# SEPTEMBER 2019 • HEALTH CARE CENTER Activities Calendar

| Sun   | Mon  | Tue  | Wed   | Thu   | Fri  | Sat   |
|---|--|--|---|---|--|---|
| <b>1</b><br><b>10:00 Devotional (2)</b><br><b>11:00 Caring Friends</b><br><b>6:00 PBS Ch. 8</b>   | <b>2</b> <br><b>LABOR DAY</b><br><b>10:00 Devotion Reading (2)</b><br><b>10:30 Current Events (2)</b><br><b>3:00 Varies games Both Floors</b> | <b>3</b><br><b>9:00 Movement w/ Music (2)</b><br><b>9:30 Devotional Reading (2)</b><br><b>10:00 Resident Council (2)</b><br><b>10:30 Lotion Therapy (2)</b><br><b>3:00 Reminisce Tuesday (3)</b> | <b>4</b> <b>UT Students 9-1</b><br><b>9:00 Devotional (EC)</b><br><b>9:00 Exercise (2)</b><br><b>10:00 Humor Wed. (2)</b><br><b>10:00 Caring Friends (S)</b><br><b>3:00 New Game 11'es (3)</b><br><b>6:00 PBS Ch. 8</b>   | <b>5</b><br><b>9:00 Chair Yoga (2)</b><br><b>9:30 True or False (2)</b><br><b>10:00 Current Events (2)</b><br><b>11:00 Catholic Mass (PR)</b><br><b>3:30 Art w/Lisa (3)</b>   | <b>6</b> <b>UT Students 9-4:30</b><br><b>9:00 Exercise (2)</b><br><b>9:30 Devotion Reading (2)</b><br><b>10:00 Current Events (2)</b><br><b>11:00 Grillin' Day (B)</b><br><b>3:00 Mystery Road Trip Outing</b> | <b>7</b> <b>Quanda Off</b><br><b>10:00 Sing Along (2)</b><br><b>11:00 Caring Friends</b><br><b>3:00 Ice cream Treats (B)</b><br><b>7:00 Bingo (EC)</b>  |
| <b>8</b> <br><b>grandparents day</b><br><b>10:00 Devotional (2)</b><br><b>11:00 Caring Friends</b><br><b>6:00 PBS Ch.8</b> | <b>9</b><br><b>9:00 Morning Stretch (2)</b><br><b>9:30 Devotion Reading (2)</b><br><b>10:00 Current Events (2)</b><br><b>3:00 Lotion Therapy (3)</b><br><b>3:30 Fancy Nails (3)</b>  | <b>10</b><br><b>9:00 Movement w/ music (2)</b><br><b>9:30 Devotion Reading (2)</b><br><b>10:00 Current Events (2)</b><br><b>10:30 Wii Bowling (2)</b><br><b>3:00 Reminisce Tuesday (3)</b>       | <b>11</b> <b>UT Students 9-1</b><br><b>9:00 Devotional (EC)</b><br><b>9:00 Exercise (2)</b><br><b>10:00 Humor Wed. (2)</b><br><b>3:00 New Game 11'es (3)</b><br><b>5:00 Candlelight Dinner</b><br><b>6:00 PBS Ch. 8</b>  | <b>12</b><br><b>9:00 Chair Yoga (2)</b><br><b>9:30 True or False (2)</b><br><b>10:00 Current Events (2)</b><br><b>10:30 Golden Choir (EC)</b><br><b>3:00 Theater Thursday (3)</b>                                   | <b>13</b> <b>UT Students 9-4:30</b><br><b>9:00 Exercise (2)</b><br><b>9:30 Cooks Corner (2)</b><br><b>10:30 Devotion Reading (2)</b><br><b>11:00 Current Events (2)</b><br><b>3:00 Bingo (3)</b>               | <b>14</b> <b>UT Students 9-1</b><br><b>10:00 Sing Along (2)</b><br><b>11:00 Caring Friends</b><br><b>7:00 Bingo (EC)</b>  |
| <b>15</b><br><b>10:00 Devotional (2)</b><br><b>11:00 Caring Friends</b><br><b>3:30 Caring Critters</b><br><b>6:00 PBS Ch. 8</b>   | <b>16</b> <b>Quanda Off</b><br><b>9:00 Morning Stretch (2)</b><br><b>9:30 Devotion Reading (2)</b><br><b>10:00 Current Events (2)</b><br><b>3:00 Lotion Therapy (3)</b><br><b>3:30 Fancy Nails (3)</b>                         | <b>17</b><br><b>9:00 Movement w/ music (2)</b><br><b>9:30 Devotion Reading (2)</b><br><b>10:00 Current Events(2)</b><br><b>10:30 Wii Bowling (2)</b><br><b>3:00 Reminisce Tuesday (3)</b>        | <b>18</b> <b>UT Student 9-1</b><br><b>9:00 Devotional (EC)</b><br><b>9:00 Bill Parish (3)</b><br><b>10:00 Bingo (3)</b><br><b>3:00 New Game 11'es (3)</b><br><b>6:00 PBS Ch. 8</b>  | <b>19</b><br><b>9:00 Chair Yoga (2)</b><br><b>9:30 True or False (2)</b><br><b>10:00 Current Events (2)</b><br><b>10:30 Golden Choir( EC)</b><br><b>11:00 Catholic Mass (EC)</b><br><b>3:00 Thursday Theater(3)</b> | <b>20</b> <b>UT Students 9-4:30</b><br><b>9:00 Exercise (2)</b><br><b>9:30 Cooks Corner (2)</b><br><b>10:30 Devotion Reading (2)</b><br><b>11:00 Current Events (2)</b><br><b>3:00 Bingo (3)</b>               | <b>21</b> <b>Quanda Off</b><br><b>10:00 Sing Along (2)</b><br><b>11:00 Caring Friends</b><br><b>3:00 Ice Cream Treats (B)</b><br><b>7:00 Bingo (EC)</b>   |
| <b>22</b><br><b>10:00 Devotional (2)</b><br><b>11:00 Caring Friends</b><br><b>6:00 PBS Ch. 8</b>  | <b>23</b><br><b>9:00 Morning Stretch (2)</b><br><b>9:30 Devotion Reading (2)</b><br><b>10:00 Current Events (2)</b><br><b>3:00 Lotion Therapy (3)</b><br><b>3:30 Fancy Nails(3)</b>  | <b>24</b><br><b>9:00 Movement w/ music (2)</b><br><b>9:30 Devotion Reading (2)</b><br><b>10:00 Current Events (2)</b><br><b>10:30 Wii Bowling (2)</b><br><b>3:00 Reminisce Tuesday (3)</b>       | <b>25</b> <b>UT Students 9-1</b><br><b>9:00 Devotional (EC)</b><br><b>9:00 Exercise (2)</b><br><b>9:30 Current Events (2)</b><br><b>10:00 Humor Wed. (2)</b><br><b>2:00 Jazz Fest. (EC)</b><br><b>6:00 PBS Ch. 8</b>  | <b>26</b><br><b>9:00 Chair Yoga (2)</b><br><b>9:30 True or False (2)</b><br><b>11:00 Current Events (2)</b><br><b>10:30 Golden Choir (EC)</b><br><b>3:00 Thursday Theater (3)</b>                                   | <b>27</b> <b>UT Students 9-4:30</b><br><b>9:00 Acrylic Painting (3)</b><br><b>10:30 Devotion Reading (2)</b><br><b>11:00 Current Events (2)</b><br><b>3:00 Legends Born Day Celebration(3)</b>                 | <b>28</b> <b>UT Students 9-1</b><br><b>10 Sing Along (2)</b><br><b>11 Caring Friends</b><br><b>7:00 Bingo (EC)</b>  |
| <b>29</b><br><b>10:00 Devotional (2)</b><br><b>11:00 Caring Friends</b><br><b>6 PBS Ch. 8</b>   | <b>30</b> <b>Quanda Off</b><br><b>9:00 Morning Stretch (2)</b><br><b>9:30 Devotion Reading (2)</b><br><b>10:00 Current Events (2)</b><br><b>3:00 Lotion Therapy (3)</b><br><b>3:30 Fancy Nails (3)</b>                         | <b>2nd floor</b><br><b>3rd floor</b><br><b>HC Healthcare</b><br><b>MC Memory Care</b><br><b>EC Event Center</b><br><b>PR Prayer Room</b><br><b>L Lounge</b><br><b>S Solarium</b>                 |    |    |   | <b>Mrs. Reittie Sept. 2</b><br><b>Mr. Anderson Sept.11</b><br><b>Ms. Goble Sept. 16</b><br><b>Mr. Alexander Sept. 20</b><br> |